

PERSONAL AND SOCIAL EDUCATION INCLUDING HEALTH

Personal and Social Education (PSE) education is a planned programme of learning opportunities and experiences that help you to grow and develop as an individual and as members of families and of social and economic communities. PSE is delivered in PSE Periods – which are taken by your group tutor and Guest Speakers where appropriate. PSE education contributes to personal development by helping students to build their personal identities, confidence and self-esteem. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings.

PSE provide opportunities to address real life and topical issues and show students that they can make a difference to their own and others' lives. It also enables students to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSE education is important to students as it equips them with knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices, developing job-seeking skills (applications, writing curriculum vitae, interview skills, etc), preparing for work placement, which takes place in the summer term and in managing their finances effectively.

Within PSE lessons you will consider the basic health needs, how to form supportive and respectful relationships and the effect of loss and change on these relationships e.g. bereavement and divorce. Sex education topics and family life issues, including the importance of effective parenthood, are also taught at this time. Parents who wish to withdraw their children from these sex education lessons should contact the school. Such students will be given the opportunity to carry out further research into health issues.

You will learn how to recognise and respond to common health emergencies – heart attack, broken bones, electric shock, choking, cuts, burns, fits, asthma attacks – in a variety of different settings. Successful completion of this course will lead to accreditation by the HeartStart Scheme

You are taken through the process of identifying possible future careers, and are then encouraged to research a variety of career possibilities using computer assisted packages and library materials. You will also develop a variety of skills related to the gaining of jobs or the development of training and education courses.

FOR INFORMATION:

Any questions, please ask:

Ms Carberry	(Head of PSE)
Mr Cutler	(Head of Careers)

THERE IS NO EXAMINATION IN PSE